



COMMUNITY

CHRISTIAN ACADEMY

Where Faith and Scholarship Meet

Substitution for PE Request Form

High-school students are required to earn 2 credits for PE as part of the graduation requirements. **A credit is equal to approximately 120 hours** of physical activity. For the purpose of substitution for PE, participation in a standard season of a sport equals 60 hours, so 2 standard seasons of sports equal 1 credit of PE. Shortened seasons of physical activity such as CCA's Running Club equal 30 hours per season. Various community activities, such as club sports and individual or group lessons such as dance or karate may be considered for substitution of PE credit. Students wishing to use other activities in lieu of PE class must get preapproval before completing the activities.

After the completion of the preapproved activity, documentation must be provided to confirm the student's participation. Acceptable documentation include a CCA sports roster signed by the coach indicating participation throughout the entire season, a letter on an outside organization's letterhead from a community sports team with dates of participation, and signed logs of physical activity from someone other than a parent such as a coach or gym personnel.

Student's Name: _____

Substitute Activity: _____

Dates and Hours Expected from Participation: _____

Expected PE Credit to be Awarded: _____

Documentation Required for the Awarding of Credit: _____

Date Documentation is Due: _____

I understand that if I do not complete the PE substitution activity as outlined here, I will not receive the high-school credit and may have to take PE or complete another substitution activity to earn enough PE credits to graduate.

Student Signature

Parent Signature

School Official

Date

Date Documentation Received _____

Credit Awarded _____

School Official's Signature